

# **From Coaching to Employment**

Individual support for job search and fast employment in the Mikkeli region

Do you want to speed up your path to employment and make sure all your opportunities are recognized and within reach? The From Coaching to Employment service helps you take the next step toward finding the right job.

- Find the right job opportunities we help you identify your strengths and apply for suitable positions with the support of a coach and recruitment expert.
- Clarify your job search you'll receive practical guidance and tools to make your job search focused and effective.

The goal is to make your job search structured and resultoriented, so you can return to working life as soon as possible.

## **DURATION AND IMPLEMENTATION**

The service begins with an initial assessment to understand your situation and create a tailored coaching plan. Meetings are mainly held remotely, and if needed, we can lend you IT equipment for the duration of the service.

The coaching lasts up to 6 months, and the content is adapted to your individual needs with the goal of fast employment. The service is available in Finnish, Swedish, and English. We also use simple Finnish when needed to ensure clear communication.



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## WHO IS IT FOR?

This service is for you if you live in the Mikkeli region and need personal support to find a job or clarify your job search. It is mainly intended for people who have been unemployed for over 6 months, but you can also join earlier if you need extra support to move forward.

The service is available in the following municipalities: Mikkeli, Hirvensalmi, Juva, Kangasniemi, Puumala, and Mäntyharju.

#### **GET SUPPORT WITH:**

- Setting career goals and creating a job search plan
- Finding suitable employers and job opportunities
- Preparing for job interviews
- Identifying and presenting your skills to employers

## HOW TO JOIN THE SERVICE

You can join the service by discussing it with your employment advisor. You can contact your advisor through the Oma asiointi section on Työmarkkinatori or by calling Mikkeli Employment Services, Mon-Fri between 9:00 and 15:00 at +358 15 194 2200.

# **CONTACT INFORMATION**

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We are part of Barona – combining our expertise and networks to help you find job opportunities.

ARFFMAN