

# CAREER BOOST

## Individual Job Coaching - Keys to Working Life



### DESCRIPTION

Meetings with your coach are arranged in a way that best suits you, either in person or remotely. The coaching program lasts up to 4 months, with the exact duration and content tailored to your individual needs. As part of the coaching, you will have access to a digital learning platform and IT equipment if needed.

During coaching, you will receive personalized support and guidance throughout your job search and employment journey. A dedicated coach and job search specialist will be there to assist you every step of the way.

### COACHING MAY INCLUDE:

1. Identifying and marketing your skills to employers
2. Clarifying your job search and career plan, setting goals, and tracking progress
3. Updating and receiving feedback on job application documents (CV, cover letter, LinkedIn profile)
4. Identifying and reaching out to potential employers
5. Support in preparing for job interviews
6. Exploring opportunities that enhance employment and skill development
7. Support at the beginning of your employment.

### TARGET GROUP

This service is designed for individuals registered as job seekers in the Ylivieska, Kalajoki, Nivala employment area who would benefit from light support in their job search and employment journey. This service is available in the following locations: Ylivieska, Kalajoki, Nivala, Alavieska, Sievi ja Merijärvi

### REGISTRATION

The service has ongoing registration. If you're a registered job seeker in the Ylivieska, Kalajoki, Nivala employment area, you can sign up using this form.

Once enrolled, our coach will contact you to schedule an initial discussion.



**Register for the service!**



### CONTACT INFORMATION

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