

ARFFMAN

We believe in  
you.

# Integration training

Moving to Finland can be quite an experience. Adapting to something new takes time - we want to make the transition period and adapting to changes easier. Arffman's integration training has been implemented since 1999 in different parts of Finland. It supports finding your own place in Finland. The goal is also to make it easier to survive in Finnish everyday life and to make it possible to apply for work or studies.

## IN INTEGRATION TRAINING

- You are learning Finnish
- You meet the teacher and your group every weekday
- You learn working life and social skills
- You get to know different professions and trainings
- You learn Finnish at work (on-the-job learning period)
- You will receive personal guidance
- You apply for trainings and jobs

## DURATION

The duration of the training is 4-12 months.

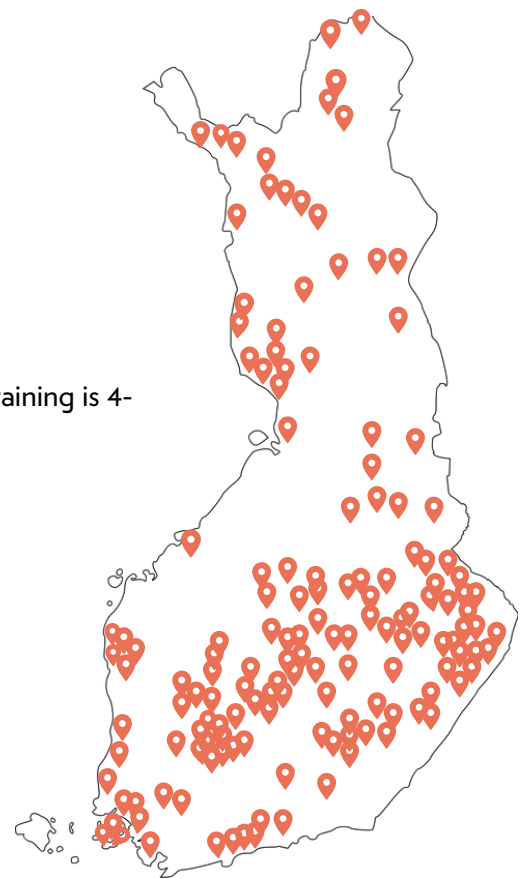


## IMPLEMENTATION

The training can be carried out as face-to-face or online training. The trainings start as needed and can be carried out either in class or online. You can participate in online teaching from anywhere and you get real-time teaching with a teacher present and your own study group.

## REGISTRATION FOR TRAINING:

1. Register as a job seeker at the TE office ([www.tyomarkkinatori.fi](http://www.tyomarkkinatori.fi))
2. Meet your officer and tell us about your interest in studying in integration training



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